



TOUR ITINERARY

RIDING
LEVEL

2

United States / California / Northern California

Sonoma 4-Day Bike Tour

Wine Country to the Bay: California Vineyards and Coastlines

TOUR HIGHLIGHTS

- Cycle the beautiful and remote Pacific coast, past rugged headlands and crashing waves
- Discover our off-the-beaten path favorites, from bakeries to cafés and cheese producers
- Sip California's most famous wines right where they're grown and discover the burgeoning microbrewery scene in Sonoma
- Stroll Healdsburg's quaint town square and pop into dozens of local tasting rooms



ARRIVAL + DEPARTURE

Arrival Details

- ✈ **Airport City:**
San Francisco or Sonoma, California
- 📍 **Pick-Up Location:**
San Francisco Marriott Fisherman's Wharf
- 🕒 **Pick-Up Time:**
9:00 am

Departure Details

- ✈ **Airport City:**
San Francisco or Sonoma, California
- 📍 **Drop-Off Location:**
San Francisco Marriott Fisherman's Wharf
- 🕒 **Drop-Off Time:**
2:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or emergency@duvine.com.



TOUR ITINERARY

Tour By Day

DAY
1

Pastoral Sonoma

Your guides will meet you in San Francisco, and we'll transfer you north across the Golden Gate Bridge towards Santa Rosa. We'll start with the essentials: a bike fitting, safety talk, and map review before our first ride takes us past Sonoma's rural ranches and pastoral farms. Enjoy lunch at our favorite local farm-to-table restaurant before getting back on our bikes as the roads take us through seas of vineyards to the heart of Healdsburg and onwards to your hotel. Tonight, we're treated to a memorable dinner amongst the vines at our friend's vineyard.

Meals: Lunch / Dinner

Destinations: Trenton, Forestville, Healdsburg

Accomplished: 23 miles / 37 km, elevation gain: 1098 feet / 334 meters

Accommodations: [Hotel Healdsburg](#) or [Harmon Guest House](#)

DAY
2

Dry Creek and the Alexander Valley

This morning we'll cycle West Dry Creek Road in a region flush with welcoming vineyards. As we cross into Alexander Valley, quiet back roads open up to dreamy views of the Mayacamas Mountains and we'll stop for a coffee among acres of vines. After lunch, visit our favorite local winery to sip on crisp Chardonnays and juicy Zinfandels, then return to the hotel for an afternoon by the pool. Tonight, enjoy dinner on your own in Healdsburg.

Meals: Breakfast / Lunch

Destinations: Dry Creek Valley, Alexander Valley, Jintown Store

Accomplished: 25 miles / 40 km, elevation gain: 1,172 feet / 357 meters

Longer Option: 38 miles / 61 km, elevation gain: 1,519 feet / 463 meters

Accommodations: [Hotel Healdsburg](#) or [Harmon Guest House](#)

TOUR ITINERARY

DAY
3

Redwoods to the Coast

Today's stunning ride highlights the best of California. As we ride, the landscape shifts from California's New World vineyards to dense forests. We'll stop for a picnic lunch in the shade of towering redwoods at a local reserve. After, hop in the van and head directly to Bodega Bay or challenge yourself some extra miles as you meander down the Russian River Valley and onwards to the wild and rugged coast. Tonight, we celebrate our time together at a very special farewell dinner.

Meals: Breakfast / Lunch / Dinner

Destinations: Russian River Valley, Westside Road, Healdsburg

Accomplished: 25 miles / 40 km, elevation gain: 923 feet / 281 meters

Longer Option: 47 miles / 75 km, elevation gain: 2,227 feet / 678 meters

Accommodations: [Bodega Bay Lodge](#)

DAY
4

Coleman Valley

If you haven't had your fill of the Sonoma Coast, take an optional spin into the Coleman Valley, or enjoy your morning coffee and a leisurely stroll down to Bodega Bay. After a sendoff brunch—complete with mimosas, of course—we'll see you back to San Francisco where our adventure concludes.

Meals: Breakfast / Lunch

Destinations: Bodega Bay, Coleman Valley, Occidental

Accomplished: 23 miles / 37 km, elevation gain: 2,302 feet / 781 meters
